

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Application No.	Filing Date	First Named Inventor	Docket No.	Confirmation No.
10/587,091	07/20/2006	Salvatore Carbone	RUBNP01	8907
Invention		Examiner	Art Unit	
Gym Work-Out Equipment for the Training of the Chest, Deltoids, Trapeziums, and Triceps Muscles		Long, Robert Franklin	3764	

AMENDMENT

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

Sir:

In response to the Examiner's Action mailed December 23, 2008, please amend the application as follows:

Amendments to the Written Description begin on page 2 of this paper.

Amendments to the Claims are reflected in the listing of claims that begins on page 3 of this paper.

Remarks/Arguments begin on page 7 of this paper.